



## 6<sup>th</sup> Biennial Childhood Obesity Conference Youth Team Scholarship Requests for Application



**Childhood Obesity Conference, June 27 - July 1, 2011 in San Diego, California.**

### Conference Overview

The 6th Biennial Childhood Obesity Conference ([www.childhood-obesity.net](http://www.childhood-obesity.net)) is the nation's largest, most influential collaboration of health care professionals, policy makers, educators, and community advocates dedicated to combating childhood obesity.

Obesity in children and adolescents carries serious health and social consequences and has become a concerning epidemic for families, communities, schools, and health care providers. Over the past three decades, the proportion of overweight children in the United States has almost tripled. Obesity and overweight can limit children's ability to enjoy and participate in many activities during childhood and later in life. Childhood obesity also lowers self esteem, affects relationships with peers, and contributes to poor self image. These social and psychological consequences impact children's ability to learn and feel accepted.

The 2011 Conference will showcase the latest research, evidence-based best practices, and policy and environmental change strategies. Participants will leave the Conference better prepared to successfully address pediatric overweight and obesity in their community and school and health care environments.

### Scholarship Overview

A younger generation of advocates is beginning to spring up across the country and these young people realize the importance of improving nutrition and physical activity environments in their local communities. Therefore, California Project LEAN (Leaders Encouraging Activity and Nutrition) (CPL) is providing full scholarships for youth teams ages 14-18 and their adult allies to attend and participate in the 6<sup>th</sup> Biennial Childhood Obesity Conference.

Selected youth leaders will have the opportunity to network with other young people, talk about issues that affect their communities, share ideas on how to address these issues, and participate in sessions to expand their knowledge about childhood obesity. Adult allies will have the opportunity to network with other expert individuals as well as continue advancing their own professional development.

Scholarships will send teams of three members per program to attend and participate in the Conference. Teams are defined as two youth and one adult ally representing a program and/or agency.

### Scholarship Components

Scholarships include the following components per team:

- 3 nights stay (double occupancy) in Conference hotel.\*
- Travel to and from Conference
- Registration Fee
- Conference materials
- All meals

Teams are defined as two youth and one adult ally representing a program and/or agency.

\*Please note: Hotel accommodations consist of a double occupancy with two double beds per room. Roommates will be of the same gender and will be assigned by CPL staff. Requests for specific roommates will be taken after scholarship recipients are announced.

## **Conference Participation Requirements**

### ***Panel Presentation***

Five teams will be selected to present in a panel session (based on application scores). Once selected, each team will need to identify one youth member to participate on the panel. The panel will be comprised of five youth, each given 10 minutes to present on their programs within a 90-minute Conference session.

### ***Poster Presentation***

Every team will be required to create and bring with them a poster depicting their work. The poster presentation is an opportunity to spotlight your team's program and/or agency efforts in addressing obesity prevention and related work. Presenters may illustrate their projects by displaying photos, diagrams, or program poster/banners. A free-standing poster boards (approx. 4' x 5') will be provided and time will be given for each team to set up. Teams will be required to present on their poster during the three scheduled networking poster viewing sessions.

### ***Video Recording & Editing***

The Video Recording & Editing opportunity will be available to youth team members who 1) have knowledge in videography and editing and 2) express an interest in capturing conference highlights, including interviewing conference attendees. Please see Application Questions section.

### ***Social Networking Activities***

All team members will be asked to participate in social networking activities during the conference. This may include posting to Facebook, Tweeting, uploading videos to YouTube and photos to Flickr.

All selected teams are required to fully participate in conference-related activities including:

#### **Pre-Conference**

- Complete and submit all required documents prior to attending the conference.
- Participate in a webinar training on **Wednesday, May 18, 2011**.
- Create a poster presentation of your work to present at the conference.

#### **During the conference**

- Be available at the conference beginning **Monday evening (6/27) - Thursday late afternoon (6/30)**.
- Attend Conference Orientation on **Tuesday, June 28<sup>th</sup> at 10 am**.
- Present on your poster during the three scheduled networking poster viewing sessions.
- Participate in social networking activities during the Conference.

#### **Post-Conference**

- Complete and submit all required receipts for reimbursement.

## Who should apply?\*

### **Youth Leaders**

- Between 14 and 18 years of age.
- With at least one year of experience working to improve their school and/or community (e.g. organizing, advocacy, obesity prevention, leadership, increasing nutrition or physical activity opportunities).
- Affiliated with a school, community-based organization, or public program/agency. Priority will be given to those programs/agencies that provide services in low-income communities.

### **Adult Allies**

- At least 21 years of age.
- Employed with program/agency applying to the Conference.
- Responsible for coordinating and submitting all required Conference application forms.
- Responsible for youth supervision throughout the Conference.

\*Reminder: Teams of three (two youth and one adult ally) may apply per program. Youth and/or adult allies may not apply individually.

## Application Deadline

All application materials must be received no later than **5pm Friday, March 18, 2011.**

## Selection Timeline

- Teams will receive a phone call or an email within 48 hours of receiving their application.
- Teams will be notified of final decision by Friday, April 1, 2011.

## For More Information

Please contact Katherine Hawksworth, Health Educator with California Project LEAN at (916) 552-9959 or [childhoodobesity@cdph.ca.gov](mailto:childhoodobesity@cdph.ca.gov) for further information.